# Health Observances Calendar 2011

Below is a partial list of health observance dates and national report launches in the United States promoted by one or more organizations. While based on the most complete information available as of September 2010, the specific observance dates are subject to change.

**January 2011**

Cervical Cancer Screening Month

Cervical Health Awareness Month

Birth Defects Prevention Month

Blood Donor Month

Glaucoma Awareness Month

Thyroid Awareness Month

AHRQ’s Annual National Healthcare Quality and Disparities Reports

Folic Acid Awareness Week (Jan 10-16)

Women’s Healthy Weight Day (Jan 20)

Healthy Weight Week (Jan 16-22)

Medical Group Management Week   
(Jan 24-28)

**February 2011**

American Heart Month

Children’s Ear, Nose, Throat Month

Children’s Dental Health Month

Low Vision Awareness Month

Girls and Women in Sports Day (Feb 2)

Wear Red Day/Heart Disease (Feb 4)

Give Kids a Smile Day/Dental Care (Feb 4)

Burn Awareness Week (Feb 6-12)

Pride in Food Service Week (Feb 7-11)

Cardiac Rehabilitation Week (Feb 13-19)

Cardiovascular Professionals Week   
(Feb 13-19)

Child Passenger Safety Week (Feb 13-19)

Condom Week (Feb 13-19)

Muscular Dystrophy Awareness Week   
(Feb 13-19)

National Donor Day (Feb 14)

Women’s Heart Health Day (Feb 18)

Eating Disorders Awareness Week   
(Feb 27-Mar5

**March 2011**

American Red Cross Month

Chronic Fatigue Syndrome Awareness Month

Colorectal Cancer Awareness Month

Eye Donor Month

Hemophilia Month

Kidney Month

Multiple Sclerosis Education & Awareness Month

Nutrition Month

Save Your Vision Month

Workplace Eye Safety Month

Patient Safety Awareness Week   
(Mar 6-12)

School Breakfast Week (Mar 7-11)

Sleep Awareness Week (Mar 3-9)

Pulmonary Rehabilitation Week   
(Mar 14-18)

Brain Awareness Week (Mar 14-20)

American Diabetes Alert Day (Mar 22)

“Patient Protection and Affordable Care Act” became law in 2009 (Mar 23)

Doctors’ Day (Mar 29)

**April 2011**

Alcohol Awareness Month

Autism Awareness Month

Cancer Control Month

Cesarean Awareness Month

Child Abuse Prevention Month

Donate Life Month

Humor Month

Irritable Bowel Syndrome Awareness Month

Minority Health Awareness Month

STD Awareness Month

Women's Eye Health and Safety Month

Youth Sports Safety Month

Kick Butts Day (Apr 2)

National Alcohol Screening Day (Apr 3)

World Health Day (Apr 7)

Public Health Week (Apr 7-13)

Health Information Privacy & Security Week (Apr 10-16)

Minority Cancer Awareness Week   
(Apr 18-22)

Infant Immunization Week (Apr 19-26)

Parkinson’s Awareness Week (Apr 20-26)

Earth Day (Apr 22)

**May 2011**

American Stroke Month

Arthritis Awareness Month

Asthma and Allergy Awareness Month

Better Hearing and Speech Month

Better Sleep Month

Bike Month

Breathe Easy Month

Cancer Research Month

Healthy Vision Month

Hepatitis Awareness Month

Lupus Awareness Month

Lyme Disease Awareness Month

Melanoma/Skin Cancer Detection and Prevention Month

High Blood Pressure Education Month

Mental Health Month

Older Americans Month

Osteoporosis Awareness and Prevention Month

Physical Fitness and Sports Month

Skin Cancer Awareness Month

Teen Pregnancy Prevention Month

Trauma Awareness Month

AHRQ’s Annual State Snapshots Reports

North American Occupational Safety and Health Week (May 1-7)

Mental Health Counseling Week (May 1-7)

Cover the Uninsured Week (May 2-6)

Childhood Depression Awareness Day (May 4)

Asthma Day (May 6)

Nurses Week (May 6-12)

Nursing Home Week (May 8-14)

Women’s Health Week (May 8-13)

Women's Check-up Day (May 9)

Hospital Week (May 9-13)

School Nurses Day (May 11)

Fibromyalgia Awareness Day (May 12)

Neuropathy Week (May 15-21)

Bike to Work Week (May 16-20)

HIV Vaccine Awareness Day (May 18)

World Hepatitis Day (May 19)

Running and Fitness Week (May 22-28)

Older Americans Mental Health Week   
(May 22-28)

National Senior Health & Fitness Day   
(May 25)

World No Tobacco Day (May 31)

**June 2011**

Clean Air Month

Fireworks Safety Month

Home Safety Month

Men's Health Week (Jun 13-20)

Blood Donor Day (Jun 14)

Headache Awareness Week (Jun 5-11)

HIV Testing Day (Jun 27)

Eye Safety Awareness Week   
(Jun 27-Jul 5)

**July 2011**

Eye Injury Prevention Month

International Group B Strep Awareness Month

UV Safety Month

Childhood Obesity Week (Jul 5-11)

Alzheimer’s Awareness Week (Jul 6-12

**August 2011**

Cataract Awareness Month

Immunization Awareness Month

Pain Awareness Month

Psoriasis Awareness Month

Spinal Muscular Atrophy Awareness Month

Minority Donor Awareness Day (Aug 1)

National Health Center Week (Aug 8-14)

**September 2011**

Alcohol and Drug Addiction Recovery Month

Cholesterol Education Month

Fruit and Veggies Month (5-a Day)

Healthy Aging Month

Leukemia & Lymphoma Awareness Month

Muscular Dystrophy Month

Ovarian Cancer Awareness Month

Prostate Cancer Awareness Month

Sickle Cell Awareness Month

Sports and Home Eye Safety Month

Suicide Prevention Week (Sept 4-10)

Suicide Prevention Day (Sept 10)

Rehabilitation Awareness Week   
(Sept 19-24)

World Alzheimer's Day (Sept 21)

Family Health & Fitness Day USA   
(Sept 24)

Adult Immunization Week (Sept 25-30)

Women's Health & Fitness Day (Sept 28)

World Heart Day (Sept 29)

**October 2011**

Halloween Safety Month

Brain Injury Awareness Month

Breast Cancer Awareness Month

Campaign for Healthier Babies

Celiac Disease Awareness Month

Children’s Health Month

Cold and Flu Campaign

Dental Hygiene Month

Depression & Mental Health Month

Family Health Month

Health Literacy Month

Healthy Living Month

Physical Therapy Month

Spinal Health Month

Talk About Prescriptions Month

American Heart Walk (dates vary)

National Child Health Day (Oct 3)

Mental Illness Awareness Week (Oct 4-10)

National Depression Screening Day   
(Oct 6)

Health Care Quality Week (Oct 9-15)

World Mental Health Day (Oct 10)

National School Lunch Week (Oct 10-14)

Bone and Joint Decade National Awareness Week (Oct 12-20)

Infection Control Week (Oct 17-21)

Pharmacy Week (Oct 17-21)

Primary Care Week (Oct 17-21)

National Mammography Day (Oct 21)

Respiratory Care Week (Oct 25-28)

**November 2011**

American Diabetes Month

COPD Awareness Month

Diabetic Eye Disease Month

Epilepsy Awareness Month

Flu and Pneumonia Campaign

Great American Smokeout

Hospice Month

Lung Cancer Awareness Month

Pancreatic Cancer Awareness Month

Pulmonary Hypertension Awareness Month

Health Information and Technology Week (Nov 11-19)

Diabetes Day (Nov 13)

Gastroesophageal Reflux Disease Awareness Week (Nov 20-26)

**December 2011**

Drunk and Drugged Driving Prevention Month

Safe Toys and Gifts Month

World AIDS Day (Dec 1)

National Handwashing Awareness Week (Dec 4-10)